

If you would like information on ingredients within our menu items in relation to allergens or food intolerance, please ask a member of staff who will be able to assist you.

FULL IRISH BREAKFAST €21.50 GO CONTINENTAL €16.50

18005

# Good Morning!

We will be along shortly to offer you tea or coffee. In the meantime help yourself to our hot and cold buffet.

Please note some items contain allergens which are noted at the buffet area

#### cereal selection

Cornflakes Toasted Granola Bran flakes Muesli

# bakery selection

all available with blackcurrant & strawberry jam, honey, marmalade to complement Croissants Pain au Chocolat Danish Pastry Baked Muffins Brown Soda Wholemeal & White bread

# healthy options

Low Fat Natural Yoghurt Homemade Fruit Salad Granola Pots Sunflower Seeds Flaked Almonds Pumpkin Seeds Boiled Egg

# cold meats & cheeses

Baked Ham Salami / Chorizo Dubliner White & Red Medium Cheddar

#### hot breakfast

Baked Grilled Pork Sausage Back Bacon Black & White Pudding Mushrooms Baked Beans Roast Tomato Hash Brown Scrambled Egg

#### chilled drinks

Apple, Orange & Cranberry Juice Infused Water Milk Almond, Soya & Oat Milk

# hot drinks

Freshly Brewed Bean to Cup Coffee Selection of Premium Mixed Teas & Breakfast Tea

#### available on request / made to order

Porridge freshly made with cream contains oats, milk

Poached & Fried Egg cooked to your liking contains egg

Gluten Free Options gluten free sausages, bread, cereals and cookies are available upon request contains allergens - please ask your server for details