

LUNCH MENU

SUPER SALADS

TOFU SUPER FOOD €14
grilled smoked tofu with black sesame, quinoa, chickpea, spinach, artichoke, beetroot glaze, lettuce
contains 6, 11, 12

CAESAR SALAD SMALL €10 LARGE €14
crisp cos lettuce, herb croutons, smoked pancetta, aged parmesan, caesar dressing
ADD CHICKEN €3.00
ADD PRAWN €5.00 (2)
contains 1c, 1d, 3, 7, 10

BALLYCOTTON SMOKED SALMON SALAD €15
salmon, shallots, cherry tomato, capers, guacamole, sugar snap, lemon & lime drizzle, Guinness brown bread
contains 4, 6, 7, 8e

SMALL BITES

SOUP OF THE DAY €8
homemade Guinness brown bread
contains 1c, 7, 9

GALWAY BAY CHOWDER €12
mussels, smoked haddock, salmon, homemade Guinness brown bread
contains 1c, 1b, 4, 7, 9, 14

GOURMET GARLIC PIZZA BREAD €8
brushed garlic butter, mozzarella
contains 1c, 1b, 7

THREE EGG OMELETTE €11
plain or ham & cheese
contains 3, 7
ADD CHIPS €4.00

MELTS & WRAPS

ADD SOUP OR FRIES TO ANY OF THE BELOW FOR +€4

TOASTED HAM & CHEESE €10
bretzel sourdough, Limerick ham, Dubliner cheddar, Ballymaloe
contains 1c, 7, 10

TACO CHICKEN TORTILLA WRAP €10
spicy chicken fillet, mozzarella, guacamole
contains 1c, 3, 7, 9

BLUEBELL & BEETROOT WRAP €10
goats cheese, pickle beetroot, grilled courgette
contains 1c, 7



STEAK SANDWICH €17
Irish rump steak sautéed with garlic, onions, mushroom, served open on French sourdough with fries and garlic aioli
contains 1c, 1d, 3, 7

SOURDOUGH BRIE & BACON MELT €10
St. Kevin brie, streaky bacon, red onion marmalade
contains 1c, 7

I'M A BIT HUNGRIER...

BEEF & GUINNESS STEW €19
puff pastry, pea shoots, mashed potato
contains 1c, 3, 7, 9, 12

8OZ STEAKHOUSE BURGER €19
beef tomato, crispy onions, smoked ketchup, Dubliner cheddar, rocket, brioche bun with fries
contains 1c, 3, 7, 12

CHICKEN BURGER €17
fajita spiced chicken breast, rocket, beef tomato, Dubliner cheddar, cajun mayo, crispy onions, brioche bun, fries
contains 1c, 3, 7

PLANT BURGER €18
spinach, avocado & pea burger, shredded lettuce, vegan cheddar, onion, tomato, guacamole, fries
contains 1c, 10, 7

STONE BAKED CLASSIC MARGARITA €15
tomato, mozzarella, oregano
contains 1a, 1b, 7

ADD FOR €1.50 PER TOPPING

- HAM
- ONION
- TOMATO
- CHICKEN
- MUSHROOM



TRUFFLE & PARMESAN FRIES (7) €6 • MASH POTATO €5
MIXED LEAF €5 • ROOT VEGETABLES €6 • FRIES €5

SOMETHING ON THE SIDE

SWEET

NUTELLA BROWNIE €7
vanilla bean ice cream
contains 3, 8f

BERRY ETON MESS €8
coullis, meringue
contains 3, 7

APPLE CRUMBLE €8
vanilla bean ice cream
contains 1c, 6, 7



ALLERGENS

1 GLUTEN (a) Barley (b) Spelt (c) Wheat (d) Rye (e) Oats **2 CRUSTACEANS** **3 EGGS** **4 FISH** **5 PEANUTS**
6 SOYBEANS **7 MILK** **8 NUTS** (a) Cashew (b) Almond (c) Pistachio (d) Pecan (e) Walnut **9 CELERY**
10 MUSTARD **11 SESAME** **12 SULPHUR DIOXIDE** **13 LUPIN** **14 MOLLUSC**

ALL BEEF IS OF IRISH ORIGIN.

ASK YOUR SERVER FOR OUR WINE & DRINKS LIST

